

Starry sky experience - make a wish!

Departure: Daruvar town



What to Expect?

When was the last time you lay down on the grass and watched the stars, planets, and galaxies? Observing the dark sky is another special experience that we all need to remind ourselves of. City lighting is increasingly hiding the starry sky, therefore, in order to preserve and protect the night environment, the International Park of Dark Sky "Vrani kamen" was established. Situated in the immediate vicinity of Daruvar town, it covers an area of 8000 hectares and includes the northern ridge of western Papuk mountain and its highest peaks "Vrani kamen" 832 ASL and "Crni vrh" 863 ASL. Let's all embrace the motto "TURN OFF THE LIGHTS - TURN ON THE STARS" and make a wish.

Our meeting point is at the parking lot in Daruvar town from where we have an organized transport to the "Markovac" site and a viewpoint. Here we are greeted by a representative of the Dark Sky Park and a cheerful company that will take care of drinks and snacks. After the instructions and basis of the current starts position, we turn off the lights, cell phones, cars, and get our eyes used to the darkness. On this trip, standing or sitting is allowed, and for a complete experience it is the best to lie down (be sure to bring mats or sleeping bags with you). Once we are comfortably seated, we embark on the story of planets, stars, constellations, galaxies, and follow their motion. We may also notice a few satellites or meteors that create seductive light as they pass through the Earth's atmosphere. Learn how to distinguish a star from a planet and get inspired by celestial bodies and the constant appearances of the universe that create a romantic and relaxing atmosphere in the sky above Papuk mountain.

Included: *Transfer from Daruvar town to Markovac site and back, instructions from representatives of the International Dark Sky Park, drinks and snacks - catering, tour leader, organization services, liability insurance, and guarantee insurance.*

Good to know: You can participate as individual, with your co-workers, business partners, and/or, better yet, you can join us on a regular departure dates with small groups and get the opportunity to meet local and like-minded people.

Contact for more information or **subscribe** for departure dates or write for your escape: info@ruralescapetours.com

Relaxation - My time only

Departure: Daruvar town



What to Expect?

A balance of health and the mind, body, and spirit is an overall and complete feeling of well-being. In Daruvar town you can find a relaxation itinerary carefully combined with elements of culture, nature, and culinary delights with a focus on therapeutic procedures under the supervision of a physical therapist expert. Relax using underwater massage, exercise to regenerate the body, and practice outdoor breathing. A good way to increase your body productivity for everyday life is using Power Plate, as well as cycling, and a nice stretch after exercises. After all, you can re-energize your mind by swimming in pools with thermal healing water and treat yourself with food menus recommended by a nutritionist. In addition to your stay, of 5 to 12 days, enrich your experience by exploring Daruvar town, its cultural and historical sights accompanied by a local licensed guide.

Included: *full board, accommodation in twin room, walking tour with local licensed guide, full usage and swimming in a pool with healing thermal water, advice from an therapeutic expert and kinesiologist, (PowerPlate, cycling, stretch exercises), advice from a therapeutic expert of physical therapists (underwater massage, regenerate body exercises, outdoor breathing practice), analysis of body composition and nutrition advice, initial diagnosis (spirometry, anthropometry), organization services, liability insurance, and guarantee insurance.*

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